RESEARCH ARTICLE

REVISED Abortion knowledge and experiences among young women and men in Accra, Ghana [version 2; peer review: 2 approved]

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Abstract

Background: Despite the presence of legal abortion services in Ghana, unsafe abortion remains common, particularly among young women. Little is understood about what young people know about safe and legal abortion, and if and how they are utilizing it.

Methods: To characterize abortion use and address gaps in safe access, from September-December 2013, we conducted a cross-sectional survey with 100 men and 250 women aged 18-24 in Accra, Ghana. Participants were asked about abortion experiences, including prior services, providers, methods, satisfaction, perceived support, and knowledge of laws. Descriptive statistics, Fisher's exact tests, and chi-square tests were performed.

Results: Among surveyed youth, most (87% of women, 64% of men) thought abortion was illegal or did not know the law. In total, 30% of women and 14% of men ever had an abortion and partner who had an abortion, respectively. Among women's most recent abortions, medication abortion (61%), surgical methods (26%), and unsafe methods categorized "least safe" (14%) were the initial or only methods used. Most women who accessed medication abortion initially or as their only method saw a pharmacist (40%) or no one (33%). Nearly one-quarter of women (n=16, 24%) who initially took tablets used more than one method.

Conclusions: Despite experiences with abortion, most young people in this study were unaware of its legality and unsafe abortions occurred. More needs to be done to ensure young people understand the law and have access to safe methods, and that pharmacists are trained to provide appropriate doses and formulations of medication abortion.

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Any reports and responses or comments on the article can be found at the end of the article.

Keywords

Medication abortion, abortion access, sexual and reproductive health, family planning, urban youth, Accra, Ghana

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REVISED Amendments from Version 1

In this updated version, we have included a comparison of our data with the Demographic Health Survey 2020 to provide readers some context as to how our convenience sample compares with a comparable population sampled in a representative manner. We also replaced the method to “unsafe” in the section on abortion safety, in line with reviewer comments. We made some other minor edits to accommodate reviewer feedback on clarifying findings.

Any further responses from the reviewers can be found at the end of the article

Introduction

Globally, one in ten pregnancies ends in unsafe abortion¹. In Ghana, despite liberalization of abortion law in 1985, which states that abortion is legal when performed by a registered medical practitioner in cases of rape, incest, risk to the life or health (mental or physical) of the woman, or fetal abnormality², unsafe abortion is still common³. In fact, unsafe abortion, defined as ‘a procedure for terminating an unintended pregnancy carried out either by persons lacking the necessary skills or in an environment that does not conform to minimum medical standards, or both’⁴, is the second single leading cause of maternal death in Ghana⁵. The country’s most recent maternal mortality ratio was estimated to be 310 deaths per 100,000 livebirths⁶, and it is thought that 11–30% of those deaths are associated with unsafe abortion⁷. Young women in Ghana are especially at risk, as adolescents are 77% less likely to have a safe abortion compared to women aged 30 and older⁸.

Recognizing the impact of unsafe abortion on Ghana’s high rates of maternal mortality, the Government of Ghana launched the Reducing Maternal Mortality and Morbidity (R3M) program in partnership with a consortium of international health organizations in 2006 to improve access to family planning and comprehensive abortion care services⁹. As part of this effort, more was done to disseminate information about the abortion law, train providers, and introduce modern technologies for abortion care. This included getting temporary approval by the Ghana Food and Drug Board for mifepristone¹⁰, a medication abortifacient that can be used in conjunction with misoprostol¹¹, an oxytocic drug already Food and Drug Board-approved.

Medication abortion drugs, mifepristone and misoprostol, are increasingly available globally, and their combination is now not only included on the World Health Organization model list of essential medicines¹², but also the Ghana Essential Medicines List¹³. However, medication abortion may involve self-administration of drugs at home, and this potential use outside of the formal medical system adds a layer of complexity to the concept of abortion “safety.”¹⁴ There is anecdotal evidence that women in Ghana purchase mifepristone and/or misoprostol directly from pharmacies and use these drugs for medication abortion. Provision of medication abortion drugs via pharmacies may improve the accessibility and acceptability of abortion in resource-poor and restrictive settings. However, evidence for its utilization, effectiveness, safety, and acceptability among

young people in Ghana is lacking. Questions also remain about what young people know about safe and legal abortion, and if and how they are utilizing it. This study assessed abortion knowledge and experiences among young Ghanaians living in Accra to identify gaps in access to safe and satisfactory reproductive health services.

Methods**Study design and sample**

From September to December 2013, four trained fieldworkers working in pairs administered cross-sectional surveys randomly, available as *Extended data*¹⁵, to eligible participants of the same sex and approximate age. Survey interviews were conducted in private locations at the recruitment sites, which included market places, social clubs, and sports venues in Accra, Ghana (Kokomlemle and Tema New Town). Eligible participants were aged 18–24 years, spoke English, Twi, or Ga, and were sexually active in the six months prior to the survey. The survey collected information about socio-demographic and reproductive health characteristics, contraceptive knowledge, use, and perceptions, and experience with unintended pregnancy and abortion. Questions differed slightly between male and female questionnaires to account for personal versus sexual partner experiences. Field workers obtained informed consent from each participant prior to initiation of the survey, which took approximately 45–60 minutes to complete. Participants were reimbursed 10 Ghanaian Cedi (GH¢) (approximately \$3.00 USD). The study instruments were piloted prior to initiation of data collection, and periodic quality control checks were done throughout data collection. The study received institutional review board approval from the Nouguchi Memorial Institute for Medical Research at the University of Ghana, Legon (114/12-13) and the Marie Stopes International Ethical Review Committee (011-13). Sampling methodology and findings on contraception use and unintended pregnancy are reported elsewhere¹⁵. Data was not collected on how many people were overall approached versus participated.

Data analysis

For this study, our primary outcomes of interest were the percentage of women who reported a prior abortion and the proportion of women using each specific abortion method. Other variables reported in this study included demographic and sexual and reproductive health characteristics, knowledge of abortion law, and details about abortion utilizers’ most recent experience: reason for abortion, method, provider, location, support, satisfaction, post-abortion contraception, and adverse events. Information was also collected from young men regarding any sexual partners’ abortion experiences.

Participants’ self-reported abortion methods used were categorized into medication abortion, which included responses of misoprostol or “tablets”; surgical abortion, which included unspecified surgical methods and dilation and curettage (D&C) (no respondent specifically selected vacuum aspiration); or known unsafe methods¹⁵. While we recognize that abortion safety is a spectrum, contingent not only upon the utilized method, but also the skills of the provider, medical standards of the facility, and use of proper evidence-based

protocols and medications, we were unable to assess such information. Thus, in this study, we assessed use of a known unsafe abortion method at any time during participants' most recent and coded the following methods that were used as unsafe methods: injection, ingestion of specific liquids or herbal concoctions, insertion of herbs or other objects into the vagina and heavy massage.

Descriptive statistics and chi-square tests were calculated. Fisher's exact test was used when any cell count was less than or equal to five. A level of $p < 0.05$ was considered as statistically

significant. Data were stratified by sex where appropriate; bivariate analysis were conducted by initial/only abortion method. All statistical analyses were conducted using Stata 14 (StataCorp, College Station, Texas).

Results

Study population

In total, 250 women and 100 men participated in the survey. Underlying data are available from Harvard Dataverse¹⁵. Demographic and reproductive health characteristics of the participating women and men are shown in [Table 1](#) and [Table 2](#),

Table 1. Demographic and reproductive characteristics and knowledge of abortion law among young women, by abortion status (n=250)^a.

Characteristics	Overall (n=250)		Ever had abortion				p-value
			No (n=176, 70%)		Yes (n=74, 30%)		
	n	%	n	%	n	%	
Age, years	(Mean 21.1, IQR 4.0)		(Mean 20.9, IQR 4.0)		(Mean 21.6, IQR 4.0)		0.006
18–20	104	41.6%	83	47.2%	21	28.4%	
21–24	146	58.4%	93	52.8%	53	71.6%	
Highest education level							0.17
Junior high school	138	55.2%	93	52.8%	45	60.8%	
Senior high school	59	23.6%	48	27.3%	11	14.9%	
Tertiary	13	5.2%	7	4.0%	6	8.1%	
Vocational/technical	13	5.2%	10	5.7%	3	4.1%	
None	27	10.8%	18	10.2%	9	12.2%	
Religion							0.90
Christian	202	81.1%	143	81.3%	59	80.8%	
Muslim	46	18.5%	32	18.2%	14	19.2%	
None/traditional/spiritualist	1	0.4%	1	60.0%	0	0.0%	
Relationship status							
Married/cohabitating	71	28.4%	48	27.3%	23	31.1%	0.83
Steady partner, not living together	167	66.8%	119	67.6%	48	64.9%	
Single, divorced, widowed, or separated	12	4.8%	9	5.1%	3	4.1%	
Age of sexual debut	(Mean 17.2, IQR 3.0)		(Mean 17.4, IQR 3.0)		(Mean 16.5, IQR 3.0)		0.008
8–14	35	14.1%	17	9.7%	18	24.3%	
15–19	173	69.5%	126	72.0%	47	63.5%	
20–24	41	16.5%	32	18.3%	9	12.2%	
Number of lifetime sexual partners	(Mean 2.2, IQR 2.0)		(Mean 2.0, IQR 1.0)		(Mean 2.9, IQR 2.0)		≤0.001
1-2	177	71.1%	139	79.4%	38	51.4%	
3-4	56	22.5%	30	17.1%	26	35.1%	
5+	16	6.4%	6	3.4%	10	13.5%	
Ever given birth							0.73
Yes	104	41.6%	72	40.9%	32	43.2%	
No	146	58.4%	104	59.1%	42	56.8%	

Characteristics	Overall (n=250)		Ever had abortion				p-value
			No (n=176, 70%)		Yes (n=74, 30%)		
	n	%	n	%	n	%	
Ever had a sexually transmitted infection test							0.36
Yes	110	44.2%	74	42.3%	36	48.6%	
No	139	55.8%	101	57.7%	38	51.4%	
Ever talked to anyone about family planning							0.75
Yes	134	54.3%	95	54.9%	39	52.7%	
No	113	45.8%	78	45.1%	35	47.3%	
Current family planning method							0.33
None	134	53.6%	95	54.0%	39	52.7%	
Modern method	97	38.8%	65	36.9%	32	43.2%	
Traditional method	19	7.6%	16	9.1%	3	4.1%	
Knowledge of abortion law							0.26
Legal in all conditions	14	5.7%	11	6.3%	3	4.1%	
Legal in some conditions	18	7.3%	9	5.1%	9	12.3%	
Illegal	101	40.7%	73	41.7%	28	38.4%	
Do not know	115	46.4%	82	46.9%	33	45.2%	

Table 2. Demographic and reproductive characteristics and knowledge of abortion law among young men, by partner abortion status (n=100)^a.

Characteristics	Overall (n=100)		Partner ever had abortion				p-value
			No (n=86, 86%)		Yes (n=14, 14%)		
	n	%	n	%	n	%	
Age, years	(Mean 20.7, IQR 3.0)		(Mean 20.6, IQR 3.0)		(Mean 21.7, IQR 3.0)		0.16
18–20	46	46.0%	42	48.8%	4	28.6%	
21–24	54	54.0%	44	51.2%	10	71.4%	
Highest education level							0.62
Junior high school	40	40.0%	34	39.5%	6	42.9%	
Senior high school	36	36.0%	29	33.7%	7	50.0%	
Tertiary	4	4.0%	4	4.70%	0	0.0%	
Vocational/technical	19	19.0%	18	20.9%	1	7.1%	
None	1	1.0%	1	1.2%	0	0.0%	
Religion							0.63
Christian	83	83.0%	72	83.7%	11	78.6%	
Muslim	14	14.0%	11	12.8%	3	21.4%	
None/traditional/spiritualist	3	3.0%	3	3.5%	0	0.0%	
Relationship status							
Married/cohabitating	8	8.0%	6	69.8%	2	14.3%	0.32
Steady partner, not living together	73	73.0%	62	72.1%	11	78.6%	
Single, divorced, widowed, or separated	19	19.0%	18	20.9%	1	7.1%	

Characteristics	Overall (n=100)		Partner ever had abortion				p-value
			No (n=86, 86%)		Yes (n=14, 14%)		
	n	%	n	%	n	%	
Age of sexual debut	(Mean 16.3, IQR 3.0)		(Mean 16.4, IQR 3.0)		(Mean 15.8, IQR 3.0)		0.88
8–14	18	18.2%	15	17.7%	3	21.4%	
15–19	74	74.8%	64	75.3%	10	71.4%	
20–s24	7	7.10	6	7.1%	1	7.1%	
Lifetime sexual partners	(Mean 5.0, IQR 4.0)		(Mean 4.7, IQR 4.0)		(Mean 7.2, IQR 5.0)		0.25
1-2	29	29.0%	27	31.4%	2	14.3%	
3-4	35	35.0%	31	36.1%	4	28.6%	
5+	36	36.0%	28	32.6%	8	57.1%	
Ever fathered a child							0.004
Yes	10	10.0%	5	5.8%	5	35.7%	
No	90	90.0%	81	94.2%	9	64.3%	
Ever had a sexually transmitted infection test							0.03
Yes	21	21.0%	15	17.4%	6	42.9%	
No	79	79.0%	71	82.6%	8	57.1%	
Ever talked to anyone about family planning							0.04
Yes	67	67.0%	61	70.9%	6	42.9%	
No	33	33.0%	25	29.1%	8	57.1%	
Current family planning method							0.32
None	26	26.0%	20	23.3%	6	42.9%	
Modern method	57	57.0%	51	59.3%	6	42.9%	
Traditional method	17	17.0%	15	17.4%	2	14.3%	
Knowledge of abortion law							0.77
Legal in all conditions	16	16.0%	13	15.1%	3	21.4%	
Legal in some conditions	20	20.0%	18	20.9%	2	14.3%	
Illegal	48	48.0%	42	48.8%	6	42.9%	
Do not know	16	16.0%	13	15.1%	3	21.4%	

^aNumbers may not add up to totals due missing values. P-value < 0.05 considered significant and italicized in the table.

respectively. More than half of the participants were between 21–24 years old (58% women; 54% men) and most identified as Christian (81% women; 83% men) and had Junior High School as the highest education level (55% women; 40% men). Most respondents were unmarried with a steady non-cohabitating partner (67% women; 73% men) and had never given birth (58%) or fathered a child (90%). The mean age of sexual debut was 17 for women and 16 for men, and both on average had been sexually active for four years. In total, 57% of men reported current modern contraceptive use with their partner whereas most women (54%) reported not using any contraceptive method. Women mostly had one to two lifetime

sexual partners (71%), while men reported number of partners varied more widely with 36% reporting five or more lifetime sexual partners.

Abortion knowledge and experience among women

While abortion in Ghana is legal in cases of rape, incest, risk to the life or health of the woman, or fetal abnormality when performed by a medical registered practitioner³, 87% of women thought abortion was illegal or stated they did not know the law. Only 12% of women who had a prior abortion and 5% without a prior abortion thought it was legal in some cases. Of female respondents, 30% (n=74) reported ever having an

abortion (Table 1), with 21% (n=15) of them reporting more than one abortion over their lifetime (data not shown).

In bivariate analyses (Table 1), women who ever had an abortion were older (aged 21–24 versus 18–20, $p=0.006$), had an earlier sexual debut (aged 8–14 versus 15–19 versus 20–24, $p=0.008$), and reported more lifetime sexual partners (1–2 versus 3–4 versus 5+ partners, $p\leq 0.001$) compared to those who had never had an abortion. There were no significant univariate differences by education, religion, relationship status, parity, prior STI testing, past family planning discussion, family planning method, or knowledge of the abortion law.

When women were asked how they felt about being pregnant prior to their most recent or only abortion, most reported wanting to be pregnant later (69%), 15% reported they never wanted to be pregnant, and 15% reported wanting to be pregnant then (Table 4). Women reported multiple reasons for seeking abortion, with the majority (74%) weighing the timing of their pregnancy as a driving factor. Timing included not being ready to be a mother (n=37), being too young to have a child (n=16), wanting to delay child bearing (n=7), and/or desiring child spacing (n=3). Other top reasons were for their career (36%), including that they wanted to stay in school (n=20) or continue working (n=6). Many also reported relationship reasons for ending their pregnancy (34%), which included the partner not wanting the child (n=21) or denying the pregnancy (n=2), not being in a serious relationship (n=1), or that the participant did not love the biological father (n=2). Others had concerns about resources (15%), including the lack of help (n=5) or money (n=6) for raising a child. In total, 15% said they sought their abortion due to their parents, either owing to fear of them (n=9) or because of their insistence (n=2) and 8% wanting to avoid shame. Only one participant mentioned concerns of health as a reason, which was due to risk of birth defects (1%).

Regarding support, most women spoke to someone about their abortion (89%), and 78% felt supported by their partner and/or 58% by their friends for their abortion. However, less than 30% reported that their family supported their abortion.

Abortion methods

Women selected their initial or only abortion method for multiple reasons (Table 4), with the most common reasons being the recommendation of family or friends (39%), their partner (22%), and/or a health provider (19%). Other reasons also included safety (16%), effectiveness (10%), privacy (3%), and/or because it was their only known method (14%).

Among the 74 women who reported prior abortion, the most common initial or only attempted method of abortion was medication abortion (n=45, 61%) (Table 4). Specific methods initially sought included medication abortion (including misoprostol alone, referred to by the brand name “Cytotec” (n=34, 46%), and unspecified tablets (n=11, 15%)), surgical abortion (including D&C (n=14, 19%) and unspecified surgical abortion (n=5, 7%)), and unsafe methods (including consuming various drinks or liquids, ingesting herbal substances, inserting

of herbs, objects, or substances into the vagina, and heavy massage (n=10, 14%)). Accounting for multiple methods used during women’s most recent abortion, 62% of women took tablets (n=46) and 32% had a D&C (n=24) at some point for their most recent abortion (data not shown). Demographic and sexual health characteristics by abortion method did not differ significantly except by religion ($p=0.002$) where reported (not reported by 1 respondent). Medication abortion was accessed by both Christian (n=30, 68%) and Muslim (n=14, 32%) women; however, D&C (n=19) and unsafe methods (n=10) were used as a first or only method by only Christian women (data not shown).

Generally, most women were very or somewhat satisfied with their initial or only chosen method (Table 4). In total, 25% (n=18) reported any dissatisfaction in their initial method of surgical abortion (n=1), medication abortion (n=12), or unsafe methods (n=5). All those who reported being very dissatisfied with their initial method (n=10, 14%) used more than one method to end their pregnancy (data not shown).

One-fifth of respondents used more than one method (n=16, 22%). All women in this subset initially used medication abortion (n=11, 69) or unsafe methods (n=5, 31) with the other second method reported to be D&C (n=10, 63%), misoprostol (n=1, 6%), unspecified tablets (n=1, 6%), and unsafe methods (injection, drank herbal concoction, or heavy massage) (n=4, 25%). Nearly a quarter (n=11, 24%) of women who initially took tablets (misoprostol or unspecified) used more than one method, with most of them following up with D&C (n=7) (data not shown).

Abortion providers

Women’s provider experiences for their most recent abortion are shown in Table 5. Among the 10 women whose initial method was unsafe, 50% saw no one, 10% saw a family member or friend, 20% saw a traditional practitioner, and 20% saw a doctor, nurse, or midwife. All women whose initial method was surgical abortion saw a doctor (n=17, 90%) or nurse/midwife (n=2, 9%) for their procedure at a medical facility. Conversely, only a few women (n=5, 11%) whose initial or only method was medication abortion visited a doctor, nurse, or midwife. Most of these women initially saw a pharmacist (n=18, 40%), while others consulted with friends/family (n=7, 16%) or no one (n=15, 33%). Overall, among all women with prior abortion, 55% (n=41) accessed medication abortion at some point outside of the formal medical system for their most recent abortion through a pharmacist (n=19), friends and family (n=7), or no one (n=15).

For the 73% of women (n=54) who reported visiting or consulting with someone (including non-professionals) for their abortion, most reported that recommendations from their family/friends (52%) factored into their decision regarding who they initially consulted with and where they went (Table 5). Other common reasons were perceived quality of the provider (26%) and/or the recommendation of their partner (15%). Women who had surgical abortions were significantly more likely than those who had medication or other abortions

to have considered quality when choosing their provider ($p \leq 0.001$).

When asked about satisfaction with where they went for their abortion, most women reported feeling satisfied, with satisfaction varying by method used ($p = 0.002$) (Table 5). All those who had surgical abortions were very or somewhat satisfied, while those who had medication abortions were more mixed. Only five respondents expressed any dissatisfaction with their initial location. Four had initially used medication abortion at home after visiting a pharmacist, while one saw a traditional healer for an herbal remedy. All five dissatisfied women used multiple methods to complete their recent abortion (data not shown).

A minority (39%) reported receiving any contraceptive information post-abortion; however, women who had surgical abortions were more likely to report talking about family planning with their providers compared to those who had medication abortions or used other methods ($p = 0.04$). Overall, 62% of women who saw a health professional spoke to them before ($n = 6$, 23%), after ($n = 8$, 31%), or before and after ($n = 2$, 8%) about post-abortion contraception. Of those who saw a pharmacist, 44% spoke about post-abortion contraception before ($n = 4$) or after ($n = 4$) their abortion. The majority ($n = 16$, 80%) of women who saw no one received no post-abortion contraceptive counselling. Those who saw a traditional practitioner did not receive contraception counselling, while just one woman who saw a friend/relative reported talking with a health professional before her abortion about contraception ($n = 1$, 13%) (data not shown).

Regarding costs, 54% reported their partners paid for the procedure, while 26% reported they paid for their own abortions. The cost for abortions varied widely. Surgical methods cost a median 150 GH¢ ($n = 15$), significantly more than the median 30 GH¢ ($n = 26$) for medication abortion and 55 GH¢ ($n = 6$) for unsafe methods. Those who did not ever visit a provider were not asked about cost.

Abortion safety

Of the 74 women who reported ever having an abortion, 18% ($n = 13$) reported using an unsafe method at some point during their recent abortion process, which included drinking substances, herbal remedies, inserting objects, taking an injection, or receiving a heavy massage. Among those who ever reported one of these unsafe methods, all of those who answered ($n = 12$) did not know that abortion was legal. More women who used surgical or medication abortion were aware of the law. In fact, there was a significant difference in correct understanding of the law between those who reported using unsafe abortion methods versus surgical or medication abortion ($p = 0.046$) (data not shown).

However, there were otherwise few significant differences between women who ever used an unsafe method versus surgical or medication abortion methods. Those who reported ever using an unsafe method were more likely to have more than two lifetime sexual partners ($p = 0.008$). Also, women ever using unsafe abortion methods compared to medication abortion or surgical methods were more likely to report using more than

one method to end their pregnancy ($p = 0.001$), and to have reported seeing no one for their abortion ($p = 0.002$). Women more often reported selecting an unsafe method due to assumed privacy ($p = 0.03$) and/or effectiveness ($p = 0.02$) of the method but were also more likely to be very dissatisfied with their method ($p = 0.003$).

Despite unsafe methods being used, adverse events did not differ by method safety. Regarding additional required treatment, no one reported needing surgical intervention and two women reported receiving blood transfusions following a surgical abortion and a medication abortion respectively. Four women, two in each safety group, required antibiotics (data not shown). Four respondents reported health problems associated with the abortion after six months from their most recent abortion, while seven women had their abortion less than six months ago. Complaints included lack of period ($n = 1$, 1%), abdominal pain ($n = 1$, 1%), irregular period ($n = 3$, 4%), more painful periods ($n = 1$, 1%), and reported anemia ($n = 1$, 1%) after six months. This included a woman who had a medication abortion, one who had a D&C, and two who used medication abortion followed by D&C or “injection” respectively (data not shown).

Partner abortion characteristics

Among males, 64% thought abortion was illegal or stated they did not know the law (Table 2). Only 14 (14%) reported that a partner had a prior abortion (Table 2), with three (21%) of them reporting more than one prior abortion. Most respondents’ partners’ abortions were provided by a medical professional ($n = 9$, 69%) and took place at a private clinic or hospital ($n = 8$, 62%). Others noted that their partners saw a pharmacist ($n = 2$, 15%) or a relative/friend ($n = 2$, 15%) for their abortions (data not shown). Males reported that their partners had a medication ($n = 4$, 29%) or surgical abortion ($n = 2$, 14%); however, 57% ($n = 8$) did not know or report what specific method was used (data not shown). Males who reported having a partner who had an abortion were more likely to have fathered a child ($p = 0.004$) and ever been tested for an STI ($p = 0.03$), and less likely to have ever spoken to anyone about family planning ($p = 0.04$), compared to those who did not report a partner ever having an abortion (Table 2). The majority ($n = 9$, 64%) did not support their partner’s decision for abortion because they believed that it was dangerous for the woman ($n = 3$), they wanted the child ($n = 1$), they were not in a relationship with the pregnant person at the time of the abortion ($n = 2$), or for no specified reason ($n = 4$). None of the men said they believed their family would support the abortion, and only one mentioned talking to any family about it (data not shown).

Discussion

Many respondents thought abortion was illegal or did not know the law, an unsurprising finding given that the 2017 Ghana Maternal Health Survey found only 11% of women of reproductive age believed abortion was legal¹⁶. This, and past studies point to the lack of clarity in the law and need for further clarification and dissemination of the policy².

In total, 30% of women reported ever having an abortion in our study population. Medication abortion was the most used

method, often accessed through a pharmacy or from friends and family. Overall, reported medication abortion was generally less expensive than surgical methods, and few women regardless of method reported any adverse health consequences. However, effectiveness and acceptability of medication abortion is less clear. Nearly a quarter of women who initially had a medication abortion sought a second method for completion. While this could be secondary to expected post-abortion bleeding, more needs to be done to assure that women know where to go for safe medication abortion and are receiving the appropriate doses and formulations of abortifacient medications at the correct time from trained, accessible providers. This speaks to a need for further training of pharmacists in the provision of medication abortion services. In addition, while overall women were satisfied with medication abortion, 27% reported dissatisfaction compared to 5% among women using surgical methods.

As previously noted, many participants, the majority of whom had medication abortions, reported not seeing anyone or seeing a family member or friend for their abortion. While home use of misoprostol is considered a possible safe option for women⁴, it was unclear from these data where and from whom participants got their medications and exactly what formulation they ingested. Further, those who did not report seeing anyone were not given the same opportunities for post-abortion contraception counselling, a vital component of comprehensive abortion care. Fully assessing abortion safety, as previously noted, is challenging, and this study likely underestimates the actual prevalence of unsafe abortion as it does not consider the qualifications of the providers, the conditions of their facilities, or medication authenticity. Per our study definition however, nearly one-fifth of female respondents reported ever accessing an unsafe method for their abortion. These respondents were more likely to see no one and choose their method due to perceived privacy or effectiveness than those who used medication or surgical abortion, and all thought abortion was illegal, or did not know the law. Lack of understanding of the law and fear of prosecution could be factors pushing women to seek unsafe or informal means of abortion. Compounding this, a perceived lack of partner and familial support or fear of disclosing to them could further reduce the likelihood that an individual will seek out safe, medically appropriate services. While men were somewhat more knowledgeable of the law, they reported being unsupportive of their partners' abortions. This speaks to a need to publicly correct misinformation around abortion and further destigmatize services.

Finally, surgical abortion, including most commonly D&C, was the second most utilized method, a finding consistent with methods identified in the 2017 Ghana Maternal Health Survey⁶. We did not differentiate between suction and sharp curettage as the method of D&C; however, it should be noted that sharp curettage is not currently recommended by the World Health Organization⁴, and efforts to replace it with vacuum aspiration should be further implemented¹⁷.

Our study is one of the few studies that assesses not only male perspectives on partner abortion, but also the reproductive health experiences and knowledge of young people in a non-medical

setting. While abortion is often a sensitive, stigmatized topic, we were able to collect comprehensive information from both men and women in various locations in Accra. However, there are some limitations including the fact that we had a convenience sample and the data are self-reported and prone to both recall and selection bias. Also, much of the subgroup abortion analyses, particularly among males, were limited by small sample size. While the survey was comprehensive, the exact picture of where, how, and when women obtain medications for abortion and exactly what they consume remains unclear from our survey responses and merits further qualitative study. As can be seen from the [Table 3](#), findings from our

Table 3. Comparison of data with Demographic Health Survey (2014).

Characteristics	Female		Male	
	Our study	DHS (2014)	Our study	DHS (2014)
Highest education level				
Junior high school / Some secondary (DHS) 15-24	55.2%	53.8%	40.0%	59%
Senior high school / Completed secondary (DHS)	23.6%	15.7%	36.0%	17.3%
Tertiary / More than secondary (DHS)	5.2%	4.0%	4.0%	4.1%
Vocational/technical	5.2%	NA	19.0%	NA
None	10.8%	8.1%	1.0%	3.2%
Relationship status				
Married/cohabitating	28.4%	21.9%	8.0%	4.5%
Steady partner, not living together	66.8%	NA	73.0%	NA
Single, divorced, widowed, or separated /Never married, divorced or separated, widowed (DHS)	4.8%	75.4%	19.0%	95.5%
Age of sexual debut				
8-14	14.1%	NA	18.2%	NA
15-19	69.5%	32.3%	74.8%	20.5%
20-24	16.5%	35.9%	7.10%	65.0%
Ever given birth / Ever fathered a child				
Yes	41.6%	30.4%	10.0%	NA
No	58.4%	70.7%	90.0%	NA
Current family planning method				
None	53.6%	81.4%	26.0%	NA
Modern method	38.8%	14.0%	57.0%	NA
Traditional method	7.6%	4.9%	17.0%	NA

NA: No comparable question/category included in the survey

Table 4. Abortion experiences among young women at most recent abortion, by initial or only abortion method (n=74)^a.

Characteristics	Overall (n=74)		Initial or only recent abortion method ^b						p-value
			Medication abortion (n=45, 61%)		Surgical abortion (n=19, 26%)		Unsafe method (n=10, 14%)		
	n	%	n	%	n	%	n	%	
1st trimester abortion	62	86.1%	38	86.4%	14	77.8%	10	100.0%	0.33
More than one method	16	21.6%	11	24.4%	0	0.0%	5	50.0%	0.003
Wanted to be pregnant:									0.152
Then	11	15.3%	4	88.9%	6	35.3%	1	10.0%	
Later	50	69.4%	34	75.6%	9	52.9%	7	70.0%	
Not at all	11	15.3%	7	15.6%	2	11.8%	2	20.0%	
Reason for abortion: ^c									
Timing	54	74.0%	35	77.8%	11	61.1%	8	80.0%	0.34
Career	26	35.6%	15	33.3%	7	38.9%	4	40.0%	0.83
Relationship reasons	25	33.8%	14	31.1%	6	31.6%	5	50.0%	0.50
Lack of resources	11	15.1%	7	15.6%	2	11.1%	2	20.0%	0.80
Parents	11	15.1%	6	13.3%	3	16.7%	2	20.0%	0.72
To avoid shame	6	8.2%	4	8.9%	1	5.6%	1	10.0%	1.00
Health concerns of fetus	1	1.4%	0	0.0%	1	5.3%	0	0.0%	0.39
Reason for method: ^c									
Recommended by family/friends	29	39.2%	18	40.0%	6	31.6%	5	50.0%	0.58
Recommended by partner	16	21.6%	12	26.7%	3	15.8%	1	10.0%	0.51
Recommended by healthcare provider	14	18.9%	12	26.7%	2	10.5%	0	0.0%	0.09
Safety	12	16.2%	2	4.4%	10	52.6%	0	0.0%	≤0.001
Only known method	10	13.5%	5	11.1%	4	21.1%	1	10.0%	0.62
Effectiveness	7	9.5%	3	6.7%	0	0.0%	4	40.0%	0.004
Privacy	2	2.7%	0	0.0%	0	0.0%	2	2.7%	0.02
Method satisfaction:									0.08
Very satisfied	40	54.8%	21	47.7%	14	73.7%	5	50.0%	
Somewhat satisfied	13	17.8%	10	22.7%	3	15.8%	0	0.0%	
Somewhat dissatisfied	8	11.0%	6	13.6%	1	5.3%	1	10.0%	
Very dissatisfied	10	13.7%	6	13.6%	0	0.0%	4	40.0%	
Doesn't know	2	2.7%	1	2.3%	1	5.30%	0	0.0%	
Spoke to anyone about their abortion	65	89.0%	40	90.9%	18	95.0%	7	70.0%	0.12
Abortion Support: ^c									
Friend supported	42	57.5%	28	63.6%	10	52.6%	4	40.0%	0.39

Characteristics	Overall (n=74)		Initial or only recent abortion method ^b						p-value
			Medication abortion (n=45, 61%)		Surgical abortion (n=19, 26%)		Unsafe method (n=10, 14%)		
	n	%	n	%	n	%	n	%	
Family supported	20	27.4%	10	22.7%	6	31.6%	4	40.0%	0.49
Partner supported	57	78.1%	34	77.3%	15	79.0%	8	80.0%	1.00
Provider supported	42	58.3%	20	45.5%	17	94.4%	5	50.0%	≤0.001

^aNumbers may not add up to total due missing values. P-value < 0.05 considered significant and bolded in the table. ^bMedication abortion included misoprostol or unspecified tablets; surgical abortion included surgical methods and dilation and curettage; unsafe method included drinks or other liquids, ingesting herbal substances, injection, insertion of herbs, objects, or substances into the vagina, and heavy massage.

^cMore than one response allowed.

Table 5. Provider experiences among young women, by initial or only abortion method at most recent abortion (n=74)^a.

Characteristics	Overall (n=74)		Initial or only recent abortion method ^b						p-value
			Medication abortion n=45 (61%)		Surgical abortion n=19 (26%)		Unsafe method n=10 (14%)		
	n	%	n	%	n	%	n	%	
Abortion provider									≤0.001
Doctor, nurse, or midwife	26	35.1%	5	11.1%	19	100.0%	2	20.0%	
Pharmacist	18	24.3%	18	40.0%	0	0.0%	0	0.0%	
Traditional provider	2	2.7%	0	0.0%	0	0.0%	2	20.0%	
Relative/friend	8	10.8%	7	15.6%	0	0.0%	1	10.0%	
No one	20	27.0%	15	33.3%	0	0.0%	5	50.0%	
Location satisfaction									0.002
Very satisfied	36	50.0%	16	37.2%	16	84.2%	4	40.0%	
Somewhat satisfied	11	15.3%	8	18.6%	3	15.8%	0	0.0%	
Somewhat dissatisfied	3	4.2%	2	4.7%	0	0.0%	1	10.0%	
Very dissatisfied	2	2.8%	2	4.7%	0	0.0%	0	0.0%	
Does not know	1	1.4%	0	0.0%	0	0.0%	1	10.0%	
Did not go anywhere	19	26.4%	15	34.9%	0	0.0%	4	40.0%	
Discussed family planning at abortion with health worker	29	39.2%	15	33.3%	12	63.2%	2	20.0%	0.04
Among those who saw someone (n=54)									
Reason for provider choice ^c									
Family/friend recommended	28	51.9%	17	56.7%	9	47.4%	2	40.0%	0.72
Quality	14	25.9%	1	3.3%	12	63.2%	1	20.0%	≤0.001
Partner recommended	8	14.8%	5	16.7%	1	5.3%	2	40.0%	0.13
Cost	5	9.3%	5	16.7%	0	0.0%	0	0.0%	0.20
Privacy	7	13.0%	5	16.7%	1	5.3%	1	20.0%	0.38
Distance	4	7.4%	2	6.7%	2	10.5%	0	0.0%	0.76

Characteristics	Overall (n=74)		Initial or only recent abortion method ^b						p-value
			Medication abortion n=45 (61%)		Surgical abortion n=19 (26%)		Unsafe method n=10 (14%)		
	n	%	n	%	n	%	n	%	
Abortion location									≤0.001
Home	20	37.0%	18	60.0%	0	0.0%	2	40.0%	
Public sector	6	11.1%	0	0.0%	4	21.1%	2	40.0%	
Private sector	21	38.9%	5	16.7%	15	79.0%	1	20.0%	
Pharmacy	7	13.0%	7	23.3%	0	0.0%	0	0.0%	
Who paid for the abortion									0.49
Self	14	25.9%	9	30.0%	5	26.3%	0	0.0%	
Partner	29	53.7%	15	50.0%	10	52.6%	4	80.0%	
Mother	2	3.7%	1	3.3%	1	5.3%	0	0.0%	
Other family	5	9.3%	3	10.0%	2	10.5%	0	0.0%	
Friend	2	3.7%	2	6.7%	0	0.0%	0	0.0%	
Self and other family	1	1.9%	0	0.0%	0	0.0%	1	20.0%	
Partner and mother	1	1.9%	0	0.0%	1	5.3%	0	0.0%	
Total cost of abortion (Ghc) (n=43)									≤0.001
<50	18	41.9%	15	60.0%	1	6.7%	2	66.7%	
50–149.99	15	34.9%	9	36.0%	5	33.3%	1	33.3%	
150+	10	23.3%	1	4.0%	9	60.0%	0	0.0%	

^aNumbers may not add up to total due missing values. P-value < 0.05 considered significant and bolded in the table. ^bMedication abortion included misoprostol or unspecified tablets; surgical abortion included surgical methods and dilation and curettage; unsafe method included drinks or other liquids, ingesting herbal substances, injection, insertion of herbs, objects, or substances into the vagina, and heavy massage. ^cMore than one response allowed.

data are quite different from that of the Demographic and Health Survey (DHS)¹⁸ – such as differences in terms of family planning method used and if the respondent had ever given birth/fathered a child. Hence it is not possible to generalize our findings.

While abortion is legal and safe services are available in Ghana, more needs to be done to improve access through correcting misinformation and informing all people not only of the law, but also where one can privately and safely receive appropriate care.

Data availability

Underlying data

Harvard Dataverse: Replication Data for: Abortion knowledge and experiences among young women and men in Accra, Ghana. <https://doi.org/10.7910/DVN/ZBZT1N>¹⁹.

This project contains the following underlying data:

- Ghana Survey_Abdata.tab (underlying data)
- Ghana Survey_Ab data dictionary.do (data dictionary)

Extended data

Harvard Dataverse: Replication Data for: Abortion knowledge and experiences among young women and men in Accra, Ghana. <https://doi.org/10.7910/DVN/ZBZT1N>¹⁹.

This project contains the following extended data:

- Survey_female (survey given to female participants)
- Survey_male (survey given to male participants)

Data are available under the terms of the [Creative Commons Zero “No rights reserved” data waiver](#) (CC0 1.0 Public domain dedication).

Acknowledgements

Thanks to Faustina Fynn-Nyame for her assistance with the development of this project; Ebenezer Allotey, Stella Naakuor Nubuor, Bright Addo, Priscilla Acquah, and Nat Coleman for their assistance with data collection; and Bridgit Burns, Samantha Xia, Rebecca Nelson, Marga Kempner, and Katie Johnston for their help with database development and cleaning.

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Suzanne O. Bell

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The authors have done a good job responding to reviewer comments and have improved the paper. However, one remaining area where I am still unclear is the sampling. Authors added no additional information, that I can see, other than to indicate the cross-sectional surveys were administered "randomly". Random has a very specific connotation in survey research and from the available methods description, it does not appear the survey participants were in fact selected randomly. If interviewers simply approached people at random (which is different) and did not track days/times and response rates, it would be more accurate to say the survey was administered to a convenience sample. Authors should use this terminology in the methods section, as well as the limitations section and the abstract to make it explicit to readers. Otherwise I approve this manuscript for indexing.

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 07 September 2020

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Allan G. Hill

Department of Social Statistics and Demography, Faculty of Social and Human Sciences, University

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The authors have responded accurately and efficiently to all suggestions and comments. I hope to see the work in print soon.

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Demography and international health; current work on the health of women in West Africa; fertility and mortality transitions in West Africa

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 1

Reviewer Report 03 February 2020

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Overall comments

The paper provides interesting insights into abortion among youth in Accra, Ghana, however, the generalizability of these findings is limited given the sampling approach. Authors should further describe the sampling/recruitment method and make more explicit that findings are likely subject to bias and should be interpreted with caution. If possible, authors should compare sample characteristics to that of a larger, representative population of similarly aged people in Accra (e.g. Ghana Maternal Health Survey) to assess selection bias. Nonetheless, the conclusion that knowledge of the law and widespread use of unsafe abortion methods is apparent, regardless of extent of biases. I provide specific major and minor comments below.

Specific comments

Major comments

Methods

- Study design and sample: Provide more detail on how interviewers approached/recruited eligible participants from recruitment sites. Did they approach everyone? Did they randomly select every Xth person who entered? Did they vary the days/times they recruited? Or was it just a convenience sample? Also, what was the response rate among men and women who interviewers approached to participate in the survey?

- Data analysis: Since not actually using WHO “least safe” definition, would recommend just referring to category as unsafe or non-recommended methods; not factoring in setting/provider, as authors indicate, which is key aspect of WHO definition.
- Did authors examine differences in characteristics in their survey to those in other survey? For example, Ghana Maternal Health Survey? Would recommend doing so to provide assessment of how different this sample is from a comparable population that was sampled in a representative manner.
- Would be helpful to also provide sociodemographic characteristics of women in comparison of characteristics by initial or only recent abortion method; from a public health and health equities perspective, important to know if differences in safety of abortions are significantly related to women’s sociodemographic characteristics, not just characteristics specific to the abortions.

Discussion

- With regards to need for subsequent method following medication abortion, this could simply be normal bleeding. Women may be concerned and present for care even though the abortion is progressing normally without complications. Need to mention this in explanation/discussion of the nearly one-quarter of women using medication abortion who received subsequent care prior to completion.
- I would not necessarily consider medication abortion (if using MA drugs, not other medications) “less safe”. If using less safe terminology in relation to WHO definition, would specify as such and define “less safe” criteria. Again, since not incorporating source/provider conditions and training, would consider using different terminology so not applying same terms to different construct.
- Authors include no discussion of study limitations with regard to generalizability/representativeness. Given the recruitment method, we cannot generalize findings to a broader population in the Accra area. The 30% of women who had ever had an abortion is likely biased given the sampling design and we know direct questions result in significant underreporting (which authors briefly mention in second to last paragraph of discussion). The measures of abortion method/safety are likely also biased if there is differential underreporting of abortion by method.

Minor comments

Abstract

- “In total, 30% of women and 14% of men ever had an abortion and partner who had an abortion, respectively”: To improve clarity, would recommend rephrasing: “In total, 30% of women reported ever having an abortion and 14% reported ever having a partner who had an abortion”.

Background

- Page 3: Missing end quote following unsafe abortion definition: In fact, unsafe abortion, defined as ‘a procedure for terminating an unintended pregnancy carried out either by persons lacking the necessary skills or in an environment that does not conform to minimum medical standards, or both⁴, is the second single leading cause of maternal death in Ghana.

- Rephrase second part of “As part of this effort, more was done to disseminate the law” to “...disseminate information about the abortion law...”
- Rephrase from “an already Food and Drug Board-approved oxytocic drug” to “an oxytocic drug already approved by the Food and Drug Board”.

Methods

- Study design and sample: Unclear what “two paired teams of trained fieldworkers” means.
- Study design and sample: How did interviewers ask about abortion? Did questions use “induced abortion” terminology or equivalent translation? Specify.
- Data analysis: change “reported prior abortion” to “reported a prior abortion” in the following sentence: “For this study, our primary outcomes of interest were the percentage of women who reported prior abortion...”
- Data analysis: for consistency with how authors describe response categories for medication abortion and surgical, should describe what is included in “least safe” based on response options, not general definition from WHO.
- Data analysis: provide clearer explanation of analysis. Do not specify that chi-squared tests are in relation to bivariate analyses examining differences by whether reported prior abortion; that analyses are stratified by sex; that conducted bivariate analyses by first/only method of abortion.

Results

- Table 1: p-value assessing difference in average age is bolded instead of italicized.
- Table 2: Typo in age of sexual debut category “20–s24”.
- Abortion knowledge and experience among young women: Second paragraph should begin “among bivariate analysis...”
- Regarding support, most women spoke to someone about their abortion (89%), and 78% felt supported by their partner and/or 58% by their friends for their abortion.” Remove “or” from “and/or”.
- “However, most (73%) also reported that their family did not know about or did not support their abortion.” Can you distinguish between family not knowing and not supporting? Seems like an important distinction.
- Would separate “unspecified tablets” from “medication abortion” in the results; the phrase “medication abortion” connotes miso with or without mife. Including “unspecified tablets” will artificially inflate the MA estimate. Alternatively, could refer to category as abortion using tablets, or something to that effect.
- “Accounting for multiple methods used during women’s most recent abortion, 62% of women took tablets (n=46) and 32% had a D&C (n=24)”: how was this calculated? If a woman reported using tablets at any point, was she categorized as using tablets? Same with D&C?

- Can remove repeated reference to “among women who had abortions” or the like once referring to specifics of abortions; clear that could not include responses from women who had not had abortions.
- “The majority (n=16, 80%) of women who saw no one received no post-abortion contraceptive counselling”: How can someone receive postabortion contraceptive counseling if they saw no one? Who is the counseling from? Clarify.
- “In fact, there was a significant difference in correct understanding of the law between those who reported using least safe abortion methods versus surgical or medication abortion (p=0.046) (data not shown).”: specify that those who used surgical or MA were more likely to have correct knowledge (I assume this is the finding based on the fact that 0 women used least safe methods reported correct knowledge).

Discussion

- Specify percent who did not know about abortion law when comparing to GMHS results for ease of comparison.

Is the work clearly and accurately presented and does it cite the current literature?

Yes

Is the study design appropriate and is the work technically sound?

Partly

Are sufficient details of methods and analysis provided to allow replication by others?

No

If applicable, is the statistical analysis and its interpretation appropriate?

Partly

Are all the source data underlying the results available to ensure full reproducibility?

Yes

Are the conclusions drawn adequately supported by the results?

Partly

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Abortion measurement, survey research

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 28 Apr 2020

Sruthi Chandrasekaran,

Thank you for your comments and detailed feedback. As per your feedback, we have incorporated the following overall changes:

1. Included a table comparing characteristics of men and women in our sample with comparable age groups in the DHS survey for Ghana to clarify the extent to which findings can be generalized.
2. Provided further description on sampling and recruitment methods.
3. Changed to using "unsafe method" throughout, as per your recommendation.
4. Clarified the text based on your major and minor feedback where possible.
5. The questions used are referenced in the survey instrument attached to the manuscript.
6. Yes, if tablets were used at any point, the respondent was categorized as using tablets, similarly with D&C. It could potentially be more than 100%.

Competing Interests: No competing interests were disclosed.

Reviewer Report 11 June 2019

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This is a report on a small study on induced abortion amongst 250 women and 100 men aged 18-24 in Accra, Ghana. The topic is important since we believe abortion to be more widely used than reported in many low fertility urban populations in Africa but the methods and motivations are less well known. Ghana is a good case study since its laws on induced abortion are relatively liberal. The study adds some new information about abortion knowledge, provides descriptive information on methods used, providers and safety.

- In such small studies, the question is often how representative are the findings. A useful addition therefore might be to compare the characteristics of the men and women in the sample (Tables 1 and 2) with people of the age groups in the DHS survey data for Accra.
- Some small changes - maybe use "unsafe method" for "least safe method" in the section on abortion safety?
- It would be useful to add a note about the low fertility in Accra - authors' other publications

- and the curious combination of low fertility and relatively low use of modern contraception.

- Other work by Oliveras *et al.* might be cited to show that abortion is also used by older higher parity women in Accra.

Otherwise, this is a well-written and clear report on the survey, containing some new information on the use of induced abortion whilst pointing to some possible interventions around improving knowledge and access.

Is the work clearly and accurately presented and does it cite the current literature?

Yes

Is the study design appropriate and is the work technically sound?

Yes

Are sufficient details of methods and analysis provided to allow replication by others?

Yes

If applicable, is the statistical analysis and its interpretation appropriate?

Yes

Are all the source data underlying the results available to ensure full reproducibility?

Yes

Are the conclusions drawn adequately supported by the results?

Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Demography and international health; current work on the health of women in West Africa; fertility and mortality transitions in West Africa.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Author Response 28 Apr 2020

Sruthi Chandrasekaran,

Thank you for your comments and feedback. We have incorporated a table comparing characteristics of men and women in our sample with comparable age groups in the DHS survey for Ghana. We also changed to using "unsafe method" throughout, as per your recommendation.

Competing Interests: No competing interests were disclosed.